

# Gwénola Periot

Castres Sports Nautiques

## 02:58:17

Tiempo Oficial

### 287<sup>a</sup>

Pos. General  
Olympic

### 43<sup>a</sup>

Pos. Género  
Femenino

### 10<sup>a</sup>

Pos. Categoría  
GE 35 - 39 Fem

|      | T. Split | Tiempo   | Ritmo      |
|------|----------|----------|------------|
| SWIM | 00:29:00 | 00:29:00 | 1'56"/100m |
| T1   | 00:01:38 | 00:30:38 |            |
| BIKE | 01:20:48 | 01:51:27 | 29.68 km/h |
| T2   | 00:01:29 | 01:52:56 |            |
| RUN  | 01:05:20 | 02:58:17 | 6'33"/km   |