

Francois Ratignier

CROCO D'AIRAIN NÎMES TRIATHLON

03:17:09

Tiempo Oficial

300^o

Pos. General
Olympic

239^o

Pos. Género
Masculino

2^o

Pos. Categoría
GE 65 - 99 Masc

| | T. Split | Tiempo | Ritmo |
|-------------|----------|----------|------------|
| SWIM | 00:43:24 | 00:43:24 | 2'53"/100m |
| T1 | 00:04:04 | 00:47:28 | |
| BIKE | 01:26:20 | 02:13:49 | 27.77 km/h |
| T2 | 00:02:38 | 02:16:28 | |
| RUN | 01:00:41 | 03:17:09 | 6'05"/km |