

Jaime Carol Rubau

ALL OUT T3R

03:13:28

Tiempo Oficial

296^o

Pos. General
Olympic

236^o

Pos. Género
Masculino

8^o

Pos. Categoría
GE 60 - 64 Masc

| | T. Split | Tiempo | Ritmo |
|-------------|----------|----------|------------|
| SWIM | 00:40:30 | 00:40:30 | 2'42"/100m |
| T1 | 00:04:01 | 00:44:32 | |
| BIKE | 01:20:14 | 02:04:47 | 29.89 km/h |
| T2 | 00:02:30 | 02:07:17 | |
| RUN | 01:06:10 | 03:13:28 | 6'38"/km |