

# Elizaveta Ryabova

FERRUM TRIATHLON

# 01:42:58

Tiempo Oficial

## 121<sup>a</sup>

Pos. General  
Sprint

## 33<sup>a</sup>

Pos. Género  
Femenino

## 14<sup>a</sup>

Pos. Categoría  
GE 25 - 29 Fem

|      | T. Split | Tiempo   | Ritmo      |
|------|----------|----------|------------|
| SWIM | 00:21:25 | 00:21:25 | 2'51"/100m |
| T1   | 00:02:48 | 00:24:13 |            |
| BIKE | 00:45:06 | 01:09:20 | 26.56 km/h |
| T2   | 00:01:39 | 01:11:00 |            |
| RUN  | 00:31:58 | 01:42:58 | 6'24"/km   |