

Sylvain Laffargue

Villeneuve Sur Lot Triathlon

00:59:58

Tiempo Oficial

4^o

Pos. General
Sprint

4^o

Pos. Género
Masculino

1^o

Pos. Categoría
Veterano 1 Masculino

| | T. Split | Tiempo | Ritmo |
|------|----------|----------|------------|
| RUN | 00:17:19 | 00:17:19 | 3'34"/km |
| T1 | 00:00:23 | 00:17:43 | |
| BIKE | 00:33:23 | 00:51:07 | 35.75 km/h |
| T2 | 00:00:16 | 00:51:23 | |
| RUN | 00:08:34 | 00:59:58 | 3'34"/km |