

Matthieu Delarbre

TRIATHLETE CLUB NARBONNAIS

04:47:15

Tiempo Oficial

10^o

Pos. General
Half

10^o

Pos. Género
Masculino

4^o

Pos. Categoría
GE 40 - 44 Masc

| | T. Split | Tiempo | Ritmo |
|-------------|----------|----------|------------|
| SWIM | 00:32:08 | 00:32:08 | |
| T1 | 00:01:28 | 00:33:36 | |
| BIKE | 02:46:11 | 03:19:48 | 32.49 km/h |
| T2 | 00:01:24 | 03:21:13 | |
| RUN | 01:26:02 | 04:47:15 | 4'06"/km |