

# Carles Verdier Hernandez

BS Runners

## 06:08:06

Tiempo Oficial

### 125<sup>o</sup>

Pos. General  
Half

### 118<sup>o</sup>

Pos. Género  
Masculino

### 27<sup>o</sup>

Pos. Categoría  
GE 40 - 44 Masc

|             | T. Split | Tiempo   | Ritmo      |
|-------------|----------|----------|------------|
| <b>SWIM</b> | 00:52:07 | 00:52:07 | 2'44"/100m |
| <b>T1</b>   | 00:04:28 | 00:56:35 |            |
| <b>BIKE</b> | 03:14:09 | 04:10:45 | 27.80 km/h |
| <b>T2</b>   | 00:01:48 | 04:12:33 |            |
| <b>RUN</b>  | 01:55:33 | 06:08:06 | 5'30"/km   |