

# Carlos Roca Carreño

TRICET10

## 05:22:44

Tiempo Oficial

### 54°

Pos. General  
Half

### 54°

Pos. Género  
Masculino

### 20°

Pos. Categoría  
Veterano 1 Masculino

|      | T. Split | Tiempo   | Ritmo      |
|------|----------|----------|------------|
| SWIM | 00:33:25 | 00:33:25 | 1'45"/100m |
| T1   | 00:03:23 | 00:36:49 |            |
| BIKE | 02:59:54 | 03:36:43 | 30.01 km/h |
| T2   | 00:02:35 | 03:39:19 |            |
| RUN  | 01:43:25 | 05:22:44 | 4'54"/km   |