

## Rachid Amil

Toac Triathlon

# 06:05:02

Tiempo Oficial

## 208<sup>o</sup>

Pos. General  
Half

## 181<sup>o</sup>

Pos. Género  
Masculino

## 64<sup>o</sup>

Pos. Categoría  
Senior Masculino

|      | T. Split | Tiempo   | Ritmo      |
|------|----------|----------|------------|
| SWIM | 00:40:03 | 00:40:03 | 2'06"/100m |
| T1   | 00:05:35 | 00:45:38 |            |
| BIKE | 03:05:49 | 03:51:28 | 25.83 km/h |
| T2   | 00:07:13 | 03:58:42 |            |
| RUN  | 02:06:20 | 06:05:02 | 4'06"/km   |